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**THE
WATERING
CAN**

L18

BREAKFAST

Gluten Free Menu

FULL BREAKFASTS

Not So Full English Breakfast

Back bacon, free range fried eggs, Heinz baked beans, hash brown, roast tomato, mushrooms, gluten free toast (gf) - £12.95

Vegan Breakfast

Falafel, smashed avocado, vegan feta, Heinz baked beans, hash brown, roast tomato, mushroom (gf, vg) - £11



VEGETARIAN BREAKFASTS

Fruit salad

Seasonal fruit, Greek yoghurt, berry compote, honey, glazed fig (gf, v, n) - £8.5

Gluten Free Toast

Gluten free toast / butter portion (gf, v) - £3
Add jam (gf, vg) - £0.60
(vegan butter available)



Please note: For our gluten free diners, to minimise the risk of cross contamination, we do not butter gluten free toast in the kitchen. We will provide you with a butter portion.

LUNCH

Gluten Free Menu

SNACKS

Olives (gf, vg) - £4 | Smoked almonds (gf, n) - £4

LIGHTER BITES

Mini chicken-tikka skewers, sumac red onions, mango chutney, yoghurt and mint dressing, mooli salad (gf) - £8.5

Ras-el-hanout spiced pork and beef meatballs, smoked paprika hummus, crispy chickpeas, pickled red onion (gf) - £9

Pan fried scallops, charred sweetcorn puree, nduja butter (gf) - £9.5

Roasted butternut squash and red onion, silky hummus, pickled radish, dukkah, crispy sage (gf, vg) - £8

PLATES

Tuscan chicken gnocchi in a tomato, spinach, cream and parmesan sauce (gf) - £16

Pasta alla Norma - Roasted aubergine, tomato sauce, with casarecce pasta (gf, vg) - £15

Black lentil and vegetable dahl, spinach, coconut (gf, vg) - £14

ALLERGEN INFORMATION

We operate a kitchen and bar area where all of the major 14 allergens could be present. Without prejudice, it is your responsibility to notify our servers if you have any allergies or intolerances.

Contains nuts (n); Vegan (vg); Vegetarian (v); Gluten Free (gf)