

Est

THE WATERING CAN

L18



Gluten Free Menu

Breakfast

Full English Breakfast: Streaky bacon, free range fried eggs, portobello mushroom, roasted tomato, Heinz baked beans, GF toast (gf) - £10.5

Vegan Breakfast: Falafel, smashed avocado, vegan feta, portobello mushroom, roasted tomato, Heinz baked beans (vg)(gf) - £9.5

Seasonal fruit salad, Greek yoghurt, berry compote, honey, chopped nuts, glazed fig (v)(gf)(n) - £7.5

GF toast, butter and jam (v)(gf) - £2.65

Lunch

Gordal olives (vg)(gf) £4

Charred tenderstem broccoli whipped vegan feta, chilli jam, flaked almonds (vg)(gf)(n) - £7.5

Falafel, salt-baked beetroot hummus, pepper dew peppers, GF bread (vg)(gf) - £7.5

Homemade soup of the day served with GF bread (vg)(gf) - £5.95

Roast chicken breast, spiced lentils, charred broccoli, white wine jus, aioli (gf) - £15

Roasted aubergines, harissa lentils, vegan feta, pomegranate molasses, mint (vg)(gf) - £12

Winter salad - new potato, fennel, broccoli, peas, capers, lemon & mustard dressing (vg)(gf) - £12

All items are prepared in a kitchen where all of the major food allergen groups are present. Please inform your server if you have any allergies, or, intolerances.

Key: (v) Vegetarian, (vg) Vegan, (g) gluten free, (n) contains nuts